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The Somme Institute skincare range may help you put an end to your recurring acne once and for all
Somme Institute

[Revolutionary Acne Control System](#)

The Somme Institute may just hold the answer to a lifetime of acne troubles

If you're past your teens and you're still fighting bouts of acne, the Somme Institute may just be the answer to all your prayers and the safest route to effectively putting an end to your turmoil. We all know that acne is not just unhealthy and unaesthetic, but also a severe blow to our self-esteem and self confidence. I also know that the market is currently stuffed full with miracle cures for acne, and you're probably quite weary of getting your hopes up about yet another skincare system that promises to offer visible, definitive results – however, the range of products devised by **the Somme Institute** is definitely worth 20 minutes of your time. Have a look at this article, and then spend just ten more minutes exploring their website, and have your say.

The skincare range developed by the Somme Institute laboratories is made up of five products, all of which make the most of a **unique, patented skin technology called "Molecular Dispersion Technology 5", referred to in short as MDT5**. The basic principle behind it has to do treating the skin with a combination of six engineered vitamins – A, C, E, D, B3 and B5 – all in active forms and at high concentrations. "Unlike other vitamin formulations, this unique biochemical complex can penetrate deep within the skin without oxidizing or losing potency when exposed to air or light", they state. The skin gets a high dose of vitamins that help combat free radicals and repair cell damage, improving the tone and texture of the skin.

The Somme Institute skincare range is made up of five products. However, the Institute's website explains that a combination of three of the five products in the range is enough to improve your skin dramatically, if used twice a day. If you're satisfied with the results, you can always order the complete five steps regimen at a later date. The three main products in the treatment are:

The Somme Institute Transport pads - exfoliate dead cells on the surface of the skin and help unclog blocked pores, while keeping the skin well moisturized and helping cells rejuvenate.

The Somme Institute Serum - improves skin elasticity, helps repair fine lines and wrinkles, eliminates brown spots, alleviates redness.

The Somme Institute A-Bomb - a lightweight face cream that accelerates cell renewal, reverses sun damage, eliminates fine lines and wrinkles and targets problem areas on acne-prone skin.

The other two products in the skincare range are a **Nourishing Cleanser**, aimed to be used prior to the three-step core treatment, and the **Double Defense** cream, to be used at the end of the treatment for further hydration and protection from sun damage. If you think it's worth a shot, take a look at the information on clinical trials and proved product efficiency on the Somme Institute's website. Be warned, though – the products do not come cheap, but they may turn out to be one of the wisest investments in skin care you ever made. If recurring acne is your problem, it's definitely worth doing a little more research on the matter.

