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Kylie Minogue's "frozen" expression has often given way to speculation about her using Botox  
WomenRepublic

## [Kylie Minogue Admits to Botox, Plastic Surgery](#)

*In the May 2009 issue of Elle magazine*

Her flawless complexion and wrinkle-free forehead and eyes have constantly been the subject of speculation about whether they were due to more than just good genes. Now, speaking with [Elle magazine](#), Kylie Minogue admits to one of the worst-kept secrets in the history of Hollywood, namely that she has had Botox to look this youthful, hinting that she might have also given other procedures a try.

Granted, celebrities using Botox either to eliminate wrinkles or to help them deal with the sweat issue in stressful moments (especially at awards ceremonies) is not something new, or a topic that has not been discussed enough. However, few are the women stars who actually admit to resorting to the treatment for their good looks - but Kylie is one of them. Moreover, while she's not trying to make excuses for herself or, like other stars did, to trash Botox, the petite singer simply resumes herself to saying that getting the injections is entirely a matter of choice.

"I've tried Botox, I've tried them all." Minogue frankly admits for the aforementioned women's magazine. "I'm definitely not one of those people who says, 'You shouldn't do this.' Everyone can individually do what they want. For all time women have wanted to, for the most part, look their best. It's just that what we have available to us today is what it is today and if you want to take advantage of it, yeah." the singer adds.

However, now that she's 40, Kylie says she wants to let her body age naturally and, of course, gracefully. At the moment, she's trying to skip on all types of procedures, simply allowing herself to look like, well, herself. Still, she is not against Botox or any other procedure women might want to turn to keep looking young for longer, and she would be the last to ever say something along those lines, the singer stresses.

"I'm preferring to be a lot more natural these days." Kylie explains, adding that it's just now that she has finally learned to be confident about her body, and ultimately to love it as it is. As fans must know, in 2005, the singer was diagnosed with breast cancer, and had to undergo half a year of chemotherapy, followed by another year of recovery. "I've got fat ankles under these boots but I think my body in many ways is better now for having weight on it. When I look back at some pictures, especially from before I was diagnosed, I just think: 'That's too thin. That doesn't look good. That just doesn't look right'." Kylie concludes by saying.&nbsp;