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Jessica Alba Treated For Mental Disorder

The 24-year-old actress revealed she faced Obsessive Compulsive Disorder when she was a child.

Jessica Alba revealed she battled Obsessive Compulsive Disorder in her childhood. The 24-year-old actress thinks that the mental condition has helped her acting career and is proud of having managed to become in control over her professional life. "I can be a little obsessive compulsive about things, but that just means that when I do things, I do them proficiently and I do them to the best of my ability", said the Sin City star. "I think a lot of actors have OCD. I think it's part of being creative, whether your outlet is acting or science or maths.", she added. "Whatever it is it takes some sort of drive to get anywhere.", Alba concluded.