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[Do Men Have a G-spot?](#)

It is located in the rectus and it is known as "the P-spot"

The character of Sean William Scott in "Road trip" must have been the happiest man in the world. 'Cause he really managed to put to work his G-spot. Actually, what's this? There are specialists that defend the existence in women on the frontal wall of the vagina of an extremely sensitive point. It was denominated the Gräfenberg spot, or G-spot, after the German gynecologist Ernst Gräfenberg. He said in 1950 that this was a small area that women have, of 0.75 to 3 centimeters in diameter, behind the pubic bone, surrounding the urethra, in the middle of the distance between the superior part of the pubic symphysis and the uterine cervix. This erogenous zone, when stimulated, leads to the highest levels of sexual arousal and powerful orgasms. The G-spot is mostly referenced in books on sexuality aimed at a popular audience; in the scientific community there is a great deal of debate about its existence. The term G-spot was popularized by Addiego in 1981. The G-spot didn't enter public consciousness until a year later with the publication of the book "The G Spot and Other Recent Discoveries About Human Sexuality." Soon after, many professional gynecologists publicly criticized its scholarship and accuracy. Despite professional and scientific criticism and skepticism on the concept of a G-spot, many studies report that 84 % of women believe that there is a "highly sensitive area" in the vagina. Tests that examined the innervation of the vaginal wall did not find any area with an increased number of nerve endings. If a G-spot does exist in men, it would be in the rectus, at the level of the prostate and would be named the P-spot (from "prostate"). The prostate gland secretes fluids which are pumped into a liquid mix that forms the semen and plays an important role in ejaculation (thus male orgasm). The most direct way to prostate stimulation is through anal penetration. In the same way, the rhythmic pressure on the front wall of the vagina gets to and stimulates the G-spot, pressure on the front wall of the rectum reaches the P-spot. Of course, anal play could result unbearable for many males, but the perspective for mind-blowing orgasms is more than worthy for many. Men using prostate stimulation into their sex lives report the sensation of the same ecstatic sexual experiences as women who get off on G-spot stimulation.