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She does have a good opinion about herself, doesn't she?

## [Christina Aguilera Tells It Like It Is](#)

*Or at least that's what she seems to think*

Christina Aguilera is the latest celebrity to jump in the "Tell Britney she's stupid" bandwagon. The singer – who finally (although rather uselessly because it was pretty much getting obvious) admitted that she is pregnant – has accused stars like Britney Spears and Lindsay Lohan of not having enough self-control to give up drugs and alcohol. And since it was never in Christina's nature to be modest, she seems to have adopted a very critical attitude towards those stars who live wildly and show little regard for the effects their behavior will have on their career.

And the reason for this is that Christina herself has managed to steer clear of too many excesses by practicing discipline – or so she claims. "When you hit 20 or 21 and you're around drugs and alcohol, everyone has a moment when they like to dabble in it and express themselves. It's called being young but there is a boundary"/ she tells Glamor magazine.

"You see all of these horror stories about people that have died of drug overdoses, people that have taken it too far and ruined their lives, and for me, I had so many things that I had yet to accomplish. It was just a matter of thinking, I don't want to waste any time, and sticking to the plan". Well, yes, I'm sure all that makes perfect sense, but the trouble is – when your life is a complete chaos, there's not really much of a plan to begin with. Nice to see Christina taking herself as a role model – kidding.

"Everyone has their own ways of choosing what's best for them. I have no problem with telling someone, 'Hey, I have to do a show tomorrow. I want to do a good job and be on my game. Sometimes I wish I could go out to a party or a club and just be able to be free, but there's a consequence with the temptation. You know you'll feel it the next day when you wake up. There are too many things I have to accomplish". Yes, I was telling you about that whole modesty thing – but I suppose it's not that horrible if it comes with a self-conscious, positive attitude towards life and everything else under the sun. Maybe she could teach Britney a few things about it, too. Oh, no, wait – Brit's busy going chandelier shopping these days. OK, some other time then.