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By: Stefan Anitei, Science Editor



10 Minutes Of Staring at Boobs Daily Prolongs Man's Life by 5 Years...

The beneficial starlets

Listen, guys, now we know why Pamela Anderson made her transplants: to make us healthier. "Angels of mercy" like Jordan just prolong our life and Hugh Hefner knows it.

A German research published in New England Journal of Medicine and Weekly World News said that men staring at women's breasts in fact prolong their lives with years.

"Just 10 minutes of staring at the charms of a well-endowed female such as Baywatch actress Pamela Lee is equivalent to a 30-minute aerobics work-out," said author Dr. Karen Weatherby, a gerontologist.

The team led by Weatherby was made up of researchers at three hospitals in Frankfurt, Germany, and found this results after monitoring for 5 years the health of 200 male subjects, half of whom were asked to look at busty females daily, while the other half had to abstain from doing so.

For five years, the boob oglers presented a lower blood pressure, slower resting pulse rates and decreased risk of coronary artery disease.

"Sexual excitement gets the heart pumping and improves blood circulation. There's no question: Gazing at large breasts makes men healthier. Our study indicates that engaging in this activity a few minutes daily cuts the risk of stroke and heart attack in half." said Weatherby, who even recommended that men aged over 40 should spend at least 10 minutes daily admiring breasts sized "D-cup" or larger.

She said that this was as healthy as going to the gym for 30 minutes daily and prolonged a man's life by five years.

"We believe that by doing so consistently, the average man can extend his life four to five years." said Weatherby.

This is indeed a very serious reason for men to enjoy without shame those midnight TV shows, download low-budget women-in-prison movies and collect such instructive and health beneficial magazines like Playboy and Hustler.

Note: This is, obviously (and unfortunately), just a joke...